

2010 NCS/LES SCHWAB TIRES DUAL TEAM WRESTLING CHAMPIONSHIPS PRESENTED BY FARMERS

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TO: WRESTLING COACHES, PRINCIPALS, ATHLETIC DIRECTORS, LEAGUE
COMMISSIONERS, OFFICIALS ASSOCIATIONS, MANAGEMENT
COMMITTEE, TOURNAMENT DIRECTORS, and NCS STAFF.
FROM: BRI NIEMI, ASSISTANT COMMISSIONER
DATE: DECEMBER 2009



* * * IMPORTANT DUAL TEAM WRESTLING INFORMATION * * *

THURSDAY, FEBRUARY 11, 2010

Final date for leagues to determine team qualifiers. League Commissioners or designee must fax league standings to the NCS Office by 10:00 p.m. NCS will develop the teams that will participate in the 2010 NCS/Les Schwab Tires Dual Team Wrestling Championships in each respective division and post this information on the NCS website.

NORTH COAST SECTION/LES SCHWAB TIRES DUAL TEAM WRESTLING CHAMPIONSHIP SERIES SCHEDULE/INFORMATION

Division II Redwood Empire and Division III

Saturday, February 13, 2010

Weigh-ins: 8:00 a.m.

Competition Begins: 10:00 a.m.

SITE – Redwood High School, 395 Doherty Drive, Larkspur, 94939

Tournament Director: Jessica Peisch

Phone: (415) 945-3619, Email: jpeisch@tamdistrict.org

Division I East Bay and Division II East Bay

Saturday, February 13, 2010

Weigh-ins: 8:00 a.m.

Competition Begins: 10:00 a.m.

SITE – Dougherty Valley High School, 10550 Albion Road, San Ramon, 94582

Tournament Director: Dan Gerdali

Phone: (415) 860-1122, Email: dgeraldi@yahoo.com

NCS/LES SCHWAB TIRES DUAL TEAM WRESTLING CHAMPIONSHIP INFORMATION

Division Information

The North Coast Section/Les Schwab Tires Championships in Dual Team Wrestling are conducted in four (4) divisions. The division of schools for NCS/Les Schwab Tires Dual Team Wrestling Championships is based on the previous school year's (2008-09) total school enrollment for grades 9-12.

Each school shall be classified for post-league season dual team wrestling by its enrollment in accordance with the following NCS divisions.



FARMERS

The divisions and their enrollment ranges are as follows:

Division III – 700 or fewer students from the following leagues: BSAL, CMC, HDNL, MCAL

Division II Redwood Empire – 701 or more students from the following leagues: CMC, HDNL, MCAL, NBL and SCL

Division II East Bay – 701 – 2,049 students from the following leagues: BSAL, BVAL, DFAL, DVAL, HAAL and MVAL

Division I East Bay – 2,050 or more students from the following leagues: BSAL, BVAL, DVAL, EBAL, HAAL and MVAL

TEAM SELECTION

The NCS/Les Schwab Tires Division III, Division II Redwood Empire, Division II East Bay and Division I East Bay Wrestling Dual Team Championships will be a one-day, double-elimination, 10-team tournament. Each league's team championship school shall automatically qualify for its (school's) respective NCS/Les Schwab Tires Wrestling Dual Team Championship. The remaining berths through eight teams will be awarded according to rotation of the 2nd, 3rd, 4th or 5th place teams. The rotation for the 2009-2010 school year will be as follows:

Division III	Division II Redwood Empire	Division II East Bay	Division I East Bay
HDNL	HDNL	BVAL	MVAL
CMC	CMC	DVAL	BSAL
MCAL	MCAL	DFAL	BVAL
BSAL	NBL	BSAL	DVAL
	SCL	HAAL	EBAL
		MVAL	HAAL

Berths nine and ten will be selected through an At-large Application process. NCS staff will select no more than two teams for each division based on At-large Applications (see page 5) submitted to the NCS Office no later than 10:00 p.m. on the final date of competition, Thursday, February 11, 2010.

BRACKET FORMAT

The 2010 NCS/Les Schwab Tires Dual Team Championship bracket will be a double elimination format. See tournament bracket on page 7.

AUTOMATIC QUALIFICATION OF LEAGUE CHAMPION

Each league's championship school shall automatically qualify for its (school's) respective division.

DESIGNATED LEAGUE CHAMPION

The team designated as the league winner receives the automatic berth in the section championships. **The league determines prior to the season, in writing, how the league winner is determined. If a league has more than one winner, the league will determine which winner receives the automatic berth.** For North Coast Section purposes that designee is the league champion.

MANDATORY PARTICIPATION

Any team qualifying for berths one through eight is required to participate. Each participating school's regular varsity athletic team is expected to participate in all matches scheduled during the first and last published championship date for the respective championship. **PENALTY FOR VIOLATION:** Any school qualifying for the NCS Dual Team Championship who does not participate will conclude their season with the league championship and will not be allowed to participate in further post-season competition, the NCS/Les Schwab Tires Individual Wrestling Championships. See bylaw 506H in the NCS Sports & General Rulings Handbook.

AT-LARGE TEAM SELECTION

Berths nine and ten will be selected through an At-large Application process. Any school may apply for an at-large berth using the form on page 5. NCS staff will select no more than two teams for each division based on At-large Applications submitted to the NCS Office no later than 10:00 p.m. on the final date of competition, Thursday, February 11, 2010.

SEEDING

A seeding meeting will be conducted by the host league at 9:00 a.m. Each participating team must submit their school's pre-match weigh-in form dated February 13, 2010. Seeding will be conducted by the coaches of the participating teams. Each participating school shall have one vote and only one coach will be allowed to speak regarding their school's team.

Four teams will be seeded, one through four. Seeded teams will not be adjusted in anyway once seeding is completed. The remaining teams will be drawn by lot. Schools from the same league will not wrestle each other in the first round, where possible. The first team drawn will be placed against the number one seed unless they are from the same league. If they are from the same league they will be placed against the number two seed and the next team drawn will be placed against the number one seeded team. This process will continue until all teams are placed.

GAME ADMINISTRATION

Weigh-ins

Weigh-ins will commence at 8:00 a.m. for all weight classes. Schools should arrive no later than 7:30 a.m. for weigh-ins. All wrestlers are to report to the weigh-in room at their respective site with their NWCA pre-match weigh-in form no later than 8:00 a.m. Once the room is open for weigh-ins no other athletes will be allowed to enter the room. No dehydration techniques will be allowed in the weigh-in room. Permission to leave the room may only be granted by weigh-in officials. Weigh-ins for this tournament must be recorded on the school NWCA Pre-Match Weigh-in Form.

Weight Classes for Competition

WEIGHT CLASSES FOR 2010 NCS/Les Schwab Tires DUAL TEAM WRESTLING CHAMPIONSHIPS

105 114 121 127 132 137 142 147 154 162 173 191 217 287

(Each weight class includes the two-pound allowance)

Order of Matches

The order of the weight classes will be determined in the seeding meeting and will remain the same throughout the tournament. The first weight class drawn will be the first match. The order will be from lower to higher weights. When the 287 lb class is finished the order will continue with the 105 lb class. Note: Wins and losses will become part of the overall record of the athlete, however, matches wrestled in the NCS/Les Schwab Tires Dual Team Championship **do not count** towards the CIF 40 match limitation rule.

Overtime Ties

The winner of an overtime match that ends in a tie shall be determined according to the criteria listed in the National Federation Rule Book.

Protest Committee

There will be no protests during the NCS/Les Schwab Tires Dual Team Championships. The official of the match will have final authority on wrestling rules of the NFHS rulebook.

Team Bench

Only team personnel will be permitted in the restricted mat area. Two coaches per mat only. Coaches are to remain in the chairs unless approaching the table. The coach may move toward the mat only during a charged TIME-OUT or at the end of the match. (National Federation Rule 7, Section 5, Article 1,2,3,4,5 and 6, Page 39.)

Sportsmanship Meeting Prior to the Start of Contest

Prior to the start of each NCS/Les Schwab Tires Dual Team Wrestling Championship contest, a meeting will be held with the coaches, captains of each team, officials, cheerleader advisors, cheerleader captains and site director to discuss briefly what is good sportsmanship and what is appropriate behavior. The conduct of this meeting is the responsibility of the Site Director.

Special Tournament Restrictions

No mechanical noisemakers (horns, bells, victory bells, sirens, chimes, power bats, musical instruments other than those in the band) will be permitted inside the gymnasium. Radios or tape decks, other than those used in half-time routines, will not be permitted in the gymnasium.

Locker Rooms

A locker room may be available to participating schools. The site director shall have the authority to announce the times that the room will be open for use by athletes and coaches. Towels will not be provided. Each participating school is responsible for securing the valuables of its team party and shall incur its own liability for any losses.

TICKETS

Passes

Only the North Coast Section Lifetime, Board of Managers, Superintendent, Honor Coach, Management Committee, Media, CIF issued and CIF Lifetime passes will be honored. NO league passes will be recognized.

Team Limit

In all divisions, teams may bring up to twenty-eight (28) members plus one manager and one trainer. Each school will be allowed two coaches. The team party will be admitted to the venue using the Gate List on page 5. All other individuals must pay to be admitted to the venue.

Gate Admission

Admission prices for the NCS/Les Schwab Tires Dual Team Wrestling Championships will be as follows:

Adults	\$9.00
Students (w/ cards)	\$6.00
Children/Seniors	\$6.00

REIMBURSEMENT POLICY

There is no team travel or per diem allowed in wrestling.

AWARDS

A plaque will be presented to the first place teams. Pennants will be awarded to the first, second and third place teams. Medals will be awarded to the 20 individual team members on the first through fourth place teams. Additional medals may be purchased for \$5.00 by calling the NCS Office.

ENTRY FEES

The NCS Office will bill the respective league/conference commissioner an \$85.00 entry fee for each team from the commissioner's league/conference that participates in NCS/Les Schwab Tires Dual Team Championships.

VIDEO-TAPING

See Bylaw 1009H in the 2009-2010 Sports & General Rulings Handbook.

SOUVENIRS

Schools may purchase NCS wrestling apparel at the NCS office or online at www.cifncs.org. Coaches may use check, cash, credit card, school purchase order, requisition form and school billing to purchase souvenirs. See the souvenir order form in the back of this packet for more information.

**NORTH COAST SECTION
DUAL TEAM WRESTLING GATE LIST**

SCHOOL _____ SITE _____

HEAD COACH _____ DATE _____

ASSISTANT COACH _____

**Gate List to be presented to Site Director upon arrival at site. Also bring your school's
Pre Match Weigh-in Form dated for Saturday, February 13, 2010.**

There will be no additional personnel allowed on the gate list, please adhere to the gate list policy.

TEAM MANAGER

1 _____

CERTIFIED TRAINER

1 _____

TEAM PARTICIPANTS (Participants must weigh-in. This weigh-in must be listed on the athlete's weigh-in sheet for the year. Matches wrestled in the NCS/Les Schwab Tires Dual Team Championships do not count towards the CIF 40 match limitation rule, however, wins and losses must be counted in the athlete's overall record.)

1 _____

15 _____

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27 _____

14 _____

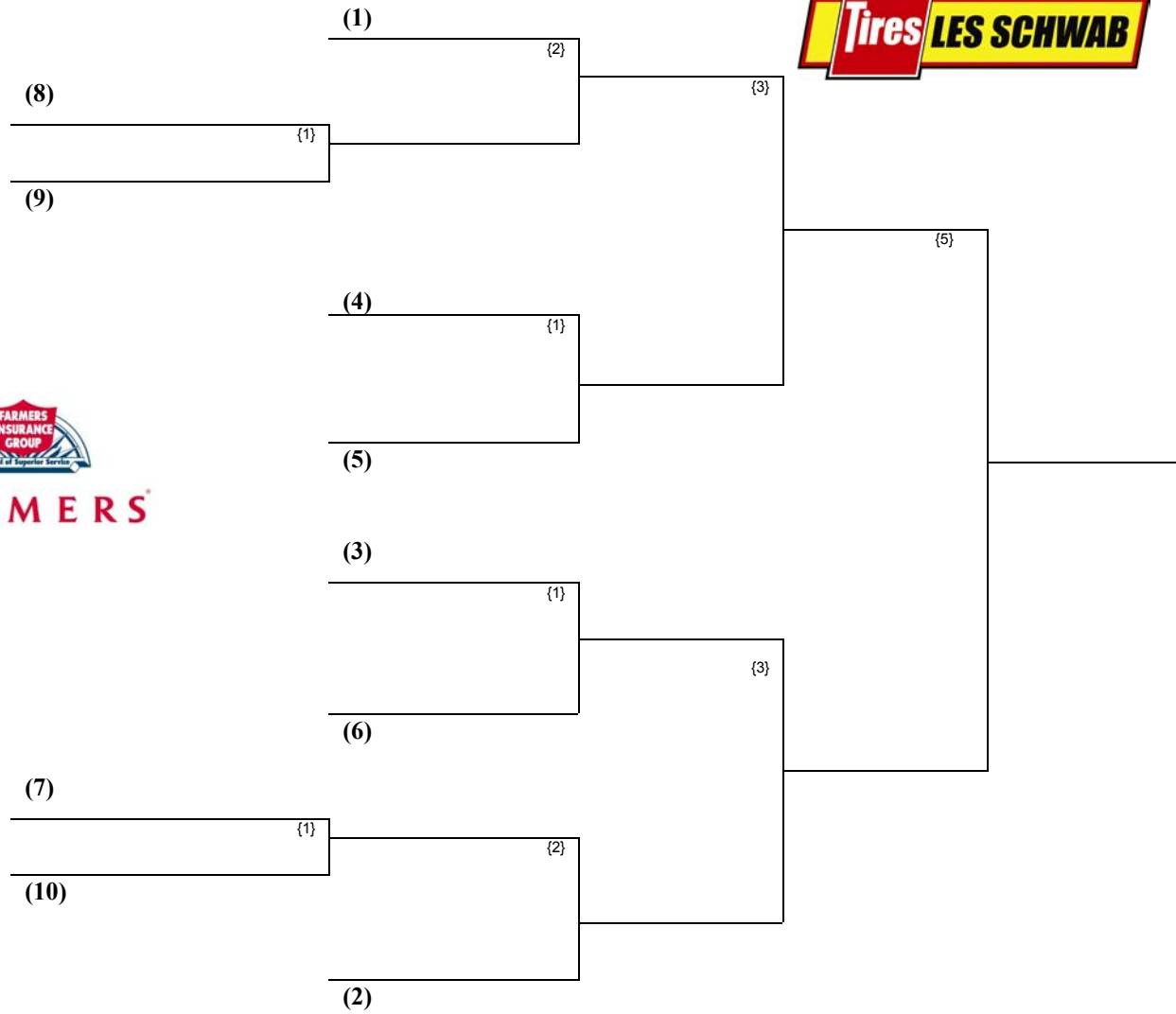
28 _____

NOTE: Cheerleaders are allowed free admission but must be in school uniform.

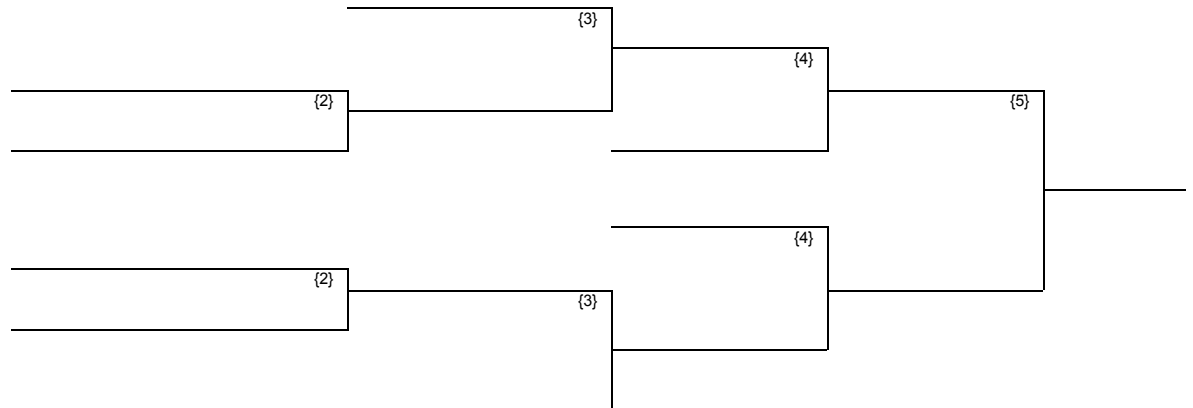
2010 NCS/LES SCHWAB TIRES DUAL TEAM WRESTLING CHAMPIONSHIPS

Presented by Farmers

CHAMPIONSHIP BRACKET



CONSOLATION BRACKET



NCS Order Form WRESTLING

DEADLINE TO ORDER: MARCH 6, 2010

(Payment must accompany all orders)

Description	Sizes					Unit Price	Unit Total	Shipping	Shipping Total	TOTAL
	S	M	L	XL	XXL(add \$2.00)					
T-Shirt						\$17.00		\$3.50each		
Sweatshirt (Hooded)						\$33.00		\$4.80 each		
Long Sleeve T-Shirt						\$20.00		\$3.50each		
Patch, Sport (sport/year: _____)						\$17.00		\$1.50each		
Patch, Scholar (sport/year: _____)						\$17.00		\$1.50each		
Patch, Scholastic (sport/year: _____)						\$17.00		\$1.50each		
"NEW" Cinch Sacks						\$10.00		\$1.50 each		
NCS Hat (circle color: Black, Navy, Tan, Grey, Red)						\$17.00		\$1.50each		
NCS Visor (circle color: Black, Navy, Grey, Red)						\$13.00		\$1.50each		
Program (sport: _____) (not available in Tennis, Golf, Badminton)						\$4.00		\$1.50each		
NCS Blanket						\$28.00		\$3.50each		
Polar Tec Vest (circle color: Black, Grey)						\$48.00		\$3.50each		
Polo Shirts (circle color: Tan, Navy, Black, Green)						\$28.00		\$3.50each		
Windshirts (circle color: Tan, Navy, Black, Green)						\$48.00		\$3.50each		
									Tax (INCLUDED)	
									TOTAL	

**Merchandise subject to availability. All prices subject to change without notice.
*Shipping and Handling charges on TEAM orders shall not exceed actual shipping charges plus 1.5%.**

When filling out credit card orders please complete all of the following. Credit Cards will be processed the day the merchandise is shipped.

Method of Payment (circle one)	Name on card	Expiration Date	Card Number	Zip Code
Cash, Check, VISA, MASTERCARD, AMEX, DISCOVER				

Home phone	Date	Authorized Signature if using P.O. or school requisition

Receipt:
Name:
Payment method:
Sport/location:



Address label (Please Print)
NAME:
ADDRESS:
CITY, ZIP:

Send to: North Coast Section, CIF
 12925 Alcosta Blvd. Suite 8
 San Ramon, Ca 94583
 (925) 866-8400
 Fax: (925) 866-7100
 www.cifncs.org