

2010 NCS/LES SCHWAB TIRES BOYS' WRESTLING CHAMPIONSHIPS PRESENTED BY FARMERS

12925 Alcosta Blvd., Suite 8, San Ramon, CA 94583

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w www.cifncs.org

e bniemi@cifncs.org

TO: WRESTLING COACHES, PRINCIPALS, ATHLETIC DIRECTORS, LEAGUE
COMMISSIONERS, MANAGEMENT COMMITTEE, OFFICIALS'
ASSOCIATIONS, MEDIA and NCS STAFF.
FROM: BRI NIEMI, ASSISTANT COMMISSIONER
DATE: DECEMBER 2009



* * IMPORTANT BOYS' WRESTLING INFORMATION * * *

MONDAY, JANUARY 11, 2010

Deadline for each **officials' association** to electronically submit Form A, their association's alphabetized list of recommended officials, using the interactive Form A on the NCS website Officials' Home Page. NCS will post the list of recommended officials on the Wrestling Home Page so that coaches may complete Form B to submit to the NCS Office.

FRIDAY, FEBRUARY 5, 2010

Deadline for each coach to rank officials and submit Form B to the NCS office. FAX (925) 866-7100 or mail to NCS, 12925 Alcosta Blvd., Suite 8, San Ramon, CA 94583. Use the list of officials from the officials' association which services your school posted on the NCS website, wrestling homepage. Form B is posted on the website and also page 7 of this bulletin.

SATURDAY, FEBRUARY 20, 2010

Final date for competition other than NCS/Les Schwab Tires and CIF Championships. Final date for determining league entries to NCS/Les Schwab Tires Championships. League entries must qualify under all National Federation, CIF and NCS wrestling rules.

SATURDAY, FEBRUARY 20, 2010 - LEAGUE ENTRIES ARE DUE TO THE NCS BY 11:59 P.M.

Each league must submit their league's entries to the NCS by **11:59 P.M. SATURDAY, FEBRUARY 20**. Each league tournament director must make arrangements for their league's entries to be input using the entry process at the NCS website – www.cifncs.org. Go to the NCS wrestling home page and click on "Entries by League". Complete and attach the document (in word format) in an email to Larry Katz [lhkatz@pacbell.net] and Bri Niemi [bniemi@cifncs.org].

SUNDAY, FEBRUARY 21, 2010 – SEEDING MEETING

The seeding meeting will take place at College Park High School, 201 Viking Rd., Pleasant Hill, 94523 for the boys' and girls' meeting. 8:30 a.m. – 9:45 a.m. – Representatives from each league will submit registration forms from their league.

10:00 a.m. - Seeding committee meeting. During the seeding process **only** the league designated representative will be allowed to speak for an athlete. Coaches may speak to their representative who may in turn speak for the athlete. Brackets will be available Monday, February 22, 2010.

FRIDAY, FEBRUARY 26, and SATURDAY, FEBRUARY 27, 2010 – DOUBLE ELIMINATION TOURNAMENT

Newark Memorial High School
39375 Cedar Blvd.
Newark, 94560



FARMERS

FRIDAY, MARCH 5 and SATURDAY, MARCH 6, 2010

State CIF Wrestling Championships

Rabobank Arena, Bakersfield

State CIF Championship Bulletins will be available in the coaches' packet at the NCS/Les Schwab Tires Wrestling Championships. Information regarding the State CIF Wrestling Championships may also be obtained at the State CIF website: www.cifstate.org. Coaches who qualify athletes must bring to the competition their school's pre-match weigh-in form dated Friday, March 5, 2010. The top four (4) placers in each weight class from the NCS/Les Schwab Tires Wrestling Championships will qualify for the State CIF Championships.

QUALIFYING ENTRIES TO THE NCS/LES SCHWAB TIRES WRESTLING CHAMPIONSHIPS

Based on the formula below the following number of entrants will be allowed per each league as follows:

Bay Shore Athletic League (6)	3
Bay Valley Athletic League (6)	3
Coastal Mountain Conference (9)	3
Diablo Foothill Athletic League (7)	3
Diablo Valley Athletic League (7)	3
East Bay Athletic League (8)	3
Hayward Athletic League (9)	3
Humboldt-Del Norte League (8)	3
Marin County Athletic League (9)	3
Mission Valley Athletic League (7)	3
North Bay League (8)	3
Sonoma County League (7)	3
Total Entries	36
At-large Entries	4
Total Entries	40

After leagues receive their entries the remaining entries (4) will be determined by the Seeding Committee. At each weight class the at-large entries will be selected first, prior to seeding. Each league is allowed to submit a qualified candidate for this position. The candidate must have participated in the league championship qualifying tournament. Wrestlers who have not participated in the league championship qualifying tournament are not eligible.

Any openings in the brackets that are not filled through the At-large selection process will be filled based on the number of medal winners from a given league over the previous four years. The league that has the highest number of medal winners over a four-year period will be given the next entry. The league that has the second highest number of medal winners over a four-year period will be given the next entry. This procedure will continue until all 40 entries to the NCS/Les Schwab Tires Wrestling Championships have been filled.

ENTRIES, REGISTRATION/SEEDING FORMS AND CERTIFICATION OF AUTHORIZED PERSONNEL FORM

League Tournament Entries

Each competing school's wrestling coach must submit to the league tournament director their league meet entries using the league approved entry form and their school's pre-match weigh-in form dated the first day of the league qualifying tournament. All National Federation Wrestling Rules, CIF and NCS rules must be followed. **Girls are not eligible for the NCS/Les Schwab Tires Boys' Wrestling Championships since they may only participate in the NCS/Les Schwab Tires Girls' Wrestling Championships. Girls may participate in the league tournament and are also eligible for the NCS/Les Schwab Tires Dual Team Championships.**

Section Tournament Entries

The legal entries for each competing league are to be emailed to the NCS (see page 1), by the League Commissioner or the League Tournament Director. LEAGUE COMMISSIONERS, LEAGUE TOURNAMENT DIRECTORS OR INDIVIDUAL COACHES, IF SO DELEGATED BY THE LEAGUE, MUST COMPLETE THE REGISTRATION CARDS ON THEIR LEAGUE'S QUALIFIERS AND ALTERNATES AND MUST PRESENT THESE FORMS PRIOR TO THE SEEDING MEETING. FAILURE TO COMPLETE THIS PROCESS WILL ELIMINATE YOUR LEAGUE'S ENTRIES FROM THE SECTION TOURNAMENT. Each league is responsible for seeing that all forms are in the hands of the league commissioner, the league tournament director, or the designated league representative immediately after the conclusion of the league meet. The following is a summary of what must be submitted at the NCS seeding meeting: 1. Entry forms for all entries. 2. Each qualifying school's pre-match weigh-in form from the league tournament. 3. Email league automatic qualifiers to NCS (by 11:59 p.m. Saturday, February 20, 2010).

All coaches (Head Coaches and Assistants) must have the enclosed Certification of Authorized Personnel Form completed and signed by their principal available at the NCS/Les Schwab Tires Wrestling Championships. Forms may also be submitted at the NCS/Les Schwab Tires Wrestling Championships registration. Coaches should always carry a hard copy of this form, signed by the principal, to the NCS/Les Schwab Tires Wrestling Championships.

ALTERNATES

Those wrestlers who qualify from the League Tournament or selected by the NCS Seeding Committee, but fail to appear or do not make weight for the NCS/Les Schwab Tires Wrestling Championships, may be replaced by the league's/conference's alternate, if eligible. One legal alternate will be allowed per weight class from each NCS league. The alternate's name must be submitted for each weight class with the entry list from each league/conference. In addition, a registration form for each alternate in each weight class will be filled out and submitted with the qualifiers registration forms following the procedures above for Section Tournament Entries. Alternates must show up at the weigh-ins to be eligible for competition. If a league does not have a legal alternate, the tournament management committee will assign the entry based on the four-year medal count. The order for the 2010 NCS/Les Schwab Tires Boys' Wrestling Tournament will be as follows: EBAL, BVAL, MVAL, DVAL, SCL, HDNL, DFAL, NBL, CMC, HAAL, BSAL and MCAL. The rotation will continue until the alternate position is filled by a legal alternate.

Each wrestler must wrestle in the bracket position he/she is qualified for from the league/conference tournament. No change of bracket will be allowed when wrestlers from the same league fail to make weight or if an alternate replaces a league/conference qualifier for any other reason.

NOTE: Brackets will NOT be reseeded due to the addition of alternates unless the alternate is replacing a seeded wrestler, with the exception of the last seed (no bracket will have more than eight seeded wrestlers). Alternates replacing unseeded wrestlers or the last seeded wrestler will wrestle in the position of the wrestler who is being replaced.

SEEDING

The following criteria will be used to seed the top wrestlers in each weight class:

1. State Tournament Placer in previous year – place and weight class
2. North Coast Section Placer in previous year – place and weight class
3. Overall record (all wins and losses) and Number of Section Losses (losses vs. section competition)
4. Head-to-Head (list significant wins and losses; include opponent's name and weight class)
5. List Section losses
6. Tournament record this year (list tournaments-places-names, etc.)

Note: A maximum of eight (8) wrestlers will be seeded.

PROCEDURE FOR SEEDING MEETING

1. League representatives and coaches will submit their entries by 11:59 p.m. Saturday, February 20, 2010.
 - a. Each league representative shall bring their league's entry forms to the seeding meeting.
 - b. Seeding information will appear on one side of each wrestler's entry form. These Registration forms must be completed prior to the seeding meeting.
2. A representative from each league will meet with the tournament director, matchmaker, and NCS representative to seed the top wrestlers.
3. An attempt will be made to avoid inter-league competition, if possible.
4. Only those league representatives mentioned above will have the right to talk at the seeding meeting. Only one representative will be allowed per league. No other representative will be allowed to represent the league. Spectators will not be able to speak to the seeding representatives as a group. Coaches may communicate with their league's representative regarding their school's wrestler.
5. A maximum of eight wrestlers will be seeded. No exceptions. NCS staff will post brackets on Monday, February 22, 2010.

WEIGHT CLASSES FOR 2010 NCS/LES SCHWAB TIRES WRESTLING CHAMPIONSHIPS

105 114 121 127 132 137 142 147 154 162 173 191 217 287

NOTE: Includes the two-pound growth allowance. According to National Federation Rules, WRESTLERS WILL BE GIVEN ONE POUND FOR THE SECOND DAY WEIGH-IN.

TOURNAMENT DIRECTOR

Rich Swift, Newark Memorial H.S., rswift@nUSD.k12.ca.us, 510-818-4339

TABLE/TOURNAMENT WORKERS

Table and tournament workers will be reimbursed after working a shift in the tournament. Table and tournament workers must purchase a ticket to enter the arena. After they work their assigned shift they will be given a ticket to redeem cash at the ticket booth. Coaches are asked to please forward table/tournament workers to Rich Swift (rswift@nUSD.k12.ca.us) by Friday, January 29, 2010.

THURSDAY, FEBRUARY 25, 2010

6:00 p.m. - 7:30 p.m. Workout (J.F. Kennedy High School – wrestling room - 39999 Blacow Rd., Fremont)
5:00 p.m. – 9:00 p.m. Early Registration at **NMHS TEAM ROOM** (each head coach who registers early will receive a free gift). The pre-match weigh-in form dated Friday, February 26, 2010 must be submitted at registration along with the certification of authorized personnel form.

FRIDAY, FEBRUARY 26, 2010 - SESSION I

6:00 a.m. - 6:45 a.m. Final Registration (903 Newark Memorial Team Room, located on the south side of the Event Center).
7:00 a.m. Weigh-Ins (Area behind the south bleachers in the Event Center. Athletes will enter the Event Center from the southeast corner of the facility.) The pre-match weigh-in form dated Friday, February 26, 2010 must be submitted at registration along with the certification of authorized personnel form.

Only athletes with weigh-in cards will be allowed entry into the weigh-in entrance for weigh-ins. The weigh-in entrance will be located through the side door on the southeast corner of the Event Center. Coaches are not allowed in the facility with their athletes and must wait outside. Only athletes will be allowed into the facility and weigh-in area. Once in the weigh-in area no dehydration techniques will be allowed. Athletes may request permission from an official to use the restroom once in the weigh-in area. Upon completion of weigh-ins athletes will exit the weigh-in area after receiving their hand stamp.

7:30 a.m. to 8:30 a.m. Coaches submit the Correction Form to the Head Table, care of Larry Katz.
 8:00 a.m. Box office opens. Doors open (following completion of weigh-ins).
 8:30 a.m. to 8:45 a.m. Coaches Meeting (meet on the main floor, north side of the main gymnasium. **MUST WEAR WRISTBAND**).

FRIDAY, FEBRUARY 26, 2010 - SESSION I - APPROXIMATE TIME SCHEDULE

Round 1	9:00 – 10:30 a.m.	Champ 1	10 Mats	(All times are tentative and the time schedule may be moved up according to the time it takes to complete a round. The next round will commence 10 min. following the completion of the previous round.)
Round 2	10:30 – 3:15 p.m.	Champ 2/Con 1	10 Mats	
Round 3	3:15 – 5:45 p.m.	Champ 3/Con 2	10 Mats	
Round 4	5:45 – 7:00 p.m.	Con 3	10 Mats	
Round 5	7:00 – 9:00 p.m.	Champ 4/Con 4	10 Mats	

SATURDAY, FEBRUARY 27, 2010

Weigh-Ins (same procedure used Friday) **7:00 a.m. for all weight classes**. (The weigh-in entrance door will open at 6:50 a.m. Once a weight class has entered the weigh-in area no other athletes in the same weight class will be allowed to enter the weigh-in area). All wrestlers are to report to the weigh-in entrance door on the southeast corner of the Event Center. Each athlete will receive a hand stamp for the day. For those athletes weighing in eight scales will be available for weigh-ins. One scale will be used for every two weight classes and one scale for challenges. Wrestlers will be granted a one-pound allowance for the second day weigh-in. Wrestlers eliminated on Friday may gain entrance to the arena by checking in at the Athlete's Table to the north (right) side of the ticket booth.

SATURDAY, FEBRUARY 27, 2010 - SESSION II - APPROXIMATE TIME SCHEDULE

Round 6	9:00 – 10:00 a.m.	Con 5	6 Mats	(All times are tentative and the time schedule may be moved up according to the time it takes to complete a round. The next round will commence 10 min. following the completion of the previous round.)
Round 7	10:00 – 11:00 a.m.	Champ Semi's	4 Mats	
	11:00 – 12:00 p.m.	Con 6	2-6 Mats	
Round 8	12:00 – 1:00 p.m.	Con Semi's	6 Mats	
BREAK	1:15 – 3:30 p.m.			

SATURDAY, FEBRUARY 27, 2010 - SESSION III - APPROXIMATE TIME SCHEDULE

Doors Open	3:30 p.m.		
Warm-Up	3:30 – 4:00 p.m.		
Round 9, 10 and 11	4:00 – 6:00 p.m.	3 rd - 8 th place	3 Mats
Round 12	6:00 – 8:30 p.m.	1 st & 2 nd place	1 Mat

(The order of the weight classes during the finals will be announced prior to the start of the tournament Friday.)
 Awards (individual and team) following the conclusion of all matches (1st – 8th)

CONSOLATION MATCHES

All consolation matches will be 1-2-2 minutes in length.

OVERTIME TIES

The winner of an overtime match that ends in a tie shall be determined according to the criteria listed in the NFHS Rule Book.

MEET RULES COMMITTEE & PROTESTS

A three-person Meet Rule and Protest committee will consist of the Tournament Director or designee, Head Official and a third official selected by the NCS Wrestling Management Committee. This committee will be the final authority on matters of a technical nature and hear all protests at the NCS/Les Schwab Tires Wrestling Championships. Coaches only may protest errors in recording points or match results and non-judgment errors in the application of rules. Coaches shall inform the official scorer and the referee of their intent to protest the bout before the bout sheet is removed from the scorer's table. The referee will note this intent to protest the bout on the bout sheet and shall notify the opposing wrestler not to leave the area until the matter is settled. These protests should be filed with the tournament committee, citing the rule, article and section, within a 15-minute period after the bout. On matters of judgment, the Referee shall have full control of the match, and his/her decisions shall be final. Judgment decisions by the referee shall not be questioned. If a coach does question such decisions, he/she will be penalized for misconduct. (National Federation Rule 6, Section 6, Article 6, page 34).

AWARDS

Medals will be awarded to first, second, third, fourth, fifth, sixth, seventh and eighth places in each of the weight classes. A plaque and pennant will be awarded to the winning team. Pennants will be awarded to the second and third place team. All first-eighth place winners must report to the victory stand area at the conclusion of the final match of the tournament. Coaches are requested to instruct their athletes to cooperate with officials by reporting to the victory stand immediately following the final match of the tournament. **Each contestant must report in his school's warm-ups to receive his medal (no hats please).**

PARKING

Parking at Newark Memorial will be very limited on Friday. Parking is available in the surrounding area streets. **DO NOT PARK IN THE PARKING AREA OF BUSINESSES DIRECTLY ACROSS THE STREET FROM NEWARK MEMORIAL.** Coaches and spectators are encouraged

to allow for time to park and walk to the school. On Saturday more parking will be available in the school's main parking area. Be sure to review any posted parking instructions. **No vehicles will be allowed to park in the Newark Memorial parking lot overnight. Recreational vehicles must find appropriate locations to park overnight and must abide by all City of Newark Ordinances.**

REGISTRATION

Coaches will check in and receive tournament packets (brackets, weigh-in cards, wrist bands and other information) at the registration. Early Registration will be from 5:00 – 9:00 p.m. **IN THE NMHS TEAM ROOM**. For those coaches and schools that do not register at Early Registration, registration will take place Friday from 6:00 - 6:45 a.m. in Room 903, the Newark Memorial team room, located on the south side of the main gymnasium. At registration, coaches must submit their school's pre-match weigh-in form dated Friday, February 26, 2010, and their certification of authorized personnel form.

HEAD AND ASSISTANT COACHES ADMISSION

Head and Assistant Coach's floor passes (wristbands) will be distributed with the registration packets and will be used for admittance on both days of the tournament. Schools with one or two participating wrestlers will be allowed a maximum of two coaches. Schools with three or more wrestlers participating in the NCS/Les Schwab Tires Wrestling Championships will also be allowed a third and fourth wristband if listed on the Certification of Authorized Personnel Form but must pay for the fourth wristband.

PARTICIPANTS ADMISSION

Participants will have their hand stamped for Friday during the morning weigh-in period. Participants for Saturday and wrestlers eliminated from competition on Friday must report to the Weigh-in Entrance for a second hand stamp. See facility map for location of this entrance.

COACHING

Coaches will be allowed on the floor to coach only. When not coaching coaches must exit the main floor mat area. When waiting to coach coaches must wait in the bullpen area located by the Head Table. If you do not have an assistant and two of your wrestlers are wrestling at the same time, you may request that one of them change a match time. Requests should be made to the announcer.

DRESSING QUARTERS

No dressing quarters will be provided during the tournament.

APPEARANCE

The meet referee will conduct the weigh-ins and check conformance to appearance as required by National Federation Rule 4, Section 2, Articles 1, 2, 3, 4 and 5, pages 14 and 15. Each wrestler **MUST** be accompanied by his/her coach.

SUBSTITUTIONS

No substitutions are allowed for injured wrestlers.

TEAM BENCHES

Only team personnel will be permitted in the restricted mat area. Two coaches per mat only. Coaches are to remain in the chairs unless approaching the table. The coach may move toward the mat only during a charged TIME-OUT or at the end of the match. (National Federation Rule 7, Section 5, Article 1,2,3,4,5 and 6, Page 37.)

SOUVENIRS

Schools may purchase NCS wrestling apparel at the championship, the NCS office or online at www.cifncs.org. Coaches/individuals may use check, cash, credit card, school purchase order, requisition form and school billing to purchase souvenirs. See the souvenir order form in the back of this packet for more information.

PRESS AND PUBLICITY

Members of the news media desiring credentials for their reporters covering NCS/Les Schwab Tires Wrestling Championships should send their requests to Bri Niemi, bniemi@cifncs.org. Please allow time for credentials to be mailed. Only working press will be allowed access to the competition area.

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WRESTLING CERTIFICATION OF AUTHORIZED PERSONNEL

CIF/NCS Bylaws

506 WHO MAY COACH

All coaches of CIF member school teams must meet the requirements of the California Education Code 49032, 35179.1 and CIF Bylaw 22.B.9.

HEAD AND ASSISTANT COACHES ADMISSION

Head and Assistant Coach's floor passes (wristbands) will be distributed with the Registration packets and will be used for admittance on both days of the tournament. Schools with one or two participating wrestlers will be allowed a maximum of two coaches. Schools with three or more wrestlers participating in the NCS Wrestling Championships will also be allowed a fourth wristband if listed on the Certification of Authorized Personnel Form but must pay to enter the wrestling championships.

School _____

Head Coach's Name _____ HM # () _____ WK # () _____

Head Coach's Address _____

City _____

Drivers License Number _____

Assistant Coach's Name _____ HM # () _____ WK # () _____

Assistant Coach's Name _____ HM # () _____ WK # () _____

Assistant Coach's Name* _____ HM # () _____ WK # () _____

**A fourth assistant will only be allowed if a school has three or more wrestlers and the must be purchased at the regular adult price.*

I hereby assert and verify that the person(s) named above is/are employed

by _____ High School and meets the requirements of the above bylaw as of this date.

Signature of Principal

Date

Print Name

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**NORTH COAST SECTION/LES SCHWAB TIRES
WRESTLING CHAMPIONSHIP SERIES OFFICIALS NOMINATIONS: FORM B**

(For use by Coaches)

Coaches' Name _____

School _____

Home Phone _____

Best Time to Contact _____

Cell Phone _____

Best Time to Contact _____

Coaches will rank order the officials nominated by the officials' association servicing their school for the NCS/Les Schwab Tires Wrestling Championships. The list of officials may be found on the NCS Wrestling Home Page. Please send a copy of this confidential list to the NCS Office, 12925 Alcosta Boulevard, Suite 8, San Ramon, California 94583 or FAX to (925) 866-7100 **on or before Friday, February 5, 2010.**

ORDER AS RANKED BY THE COACH

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11. _____

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HEADQUARTERS HOTEL FOR
2010 NCS/Les Schwab Tires WRESTLING CHAMPIONSHIPS
Presented by Farmers
AT NEWARK MEMORIAL H.S.
FEBRUARY 26 & 27, 2010

DOUBLE ROOM \$63
(All rooms based on availability)

TO MAKE RESERVATIONS CALL 1-800-228-9290
AND ASK FOR GROUP RATE CODE "**NCS WRESTLING**"
Or make your arrangements online at
<http://www.marriott.com/hotels/travel>

FOR MORE INFORMATION CALL OR EMAIL
Jennifer Han at (415) 229-9444 or jennifer.han@marriott.com

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Hotels and motels in and around the Newark area (headquarters hotel is the Fremont Marriott – see flyer on previous page).

NAME OF HOTEL/MOTEL	# OF ROOMS	AMENITIES	PETS
AmeriSuites 3101 Warren Avenue Fremont, CA 510-623-6000	151	Breakfast Buffet, Mini Kitchen, Fitness Center, Pool, Laundry Facility, Valet Service, next to Club Sport, 40 <i>Taking Care Of Business Suites</i>	Yes
Best Western Garden Court Inn 5400 Mowry Avenue Fremont, CA 94538 510-792-4300	122	Outdoor Pool	No
Courtyard By Marriott - Newark 34905 Newark Blvd. Newark, CA 94560 510-792-5200	181	Valet Service, Newspaper, Exercise Facility Breakfast Buffet, Outdoor Pool & Spa, Local Shuttle Service (5 mile radius)	No
Crawford Suites 34905 Newark Blvd. Newark, CA 94560 510-792-5200	127	Free DSL, Free Continental Breakfast, Wine & Cheese on Wed., Business Center w/DSL, Pool, Jacuzzi, Fitness Center, Laundry Facility	Yes
Embassy Suites I 901 Calavares Blvd. Milpitas, CA 95035 408-942-0400	266	Indoor Pool, Sauna, Spa & Steam Room	No
Good-Nite Inn 4135 Cushing Parkway Fremont, CA 94538 510-656-9307	120	None	Yes
Hampton Inn 46500 Landing Pkwy. Fremont, CA 94538 510-498-1900	100	Continental breakfast, Coffee maker, Microwave, Refrigerator, Pool, Gym, , Cable, High-speed internet	No
Hilton – Newark/Fremont 39900 Balentine Drive Newark, CA 94560 510-490-8390	314	Outdoor Pool, Sauna & Jacuzzi	No
Homewood Suites by Hilton 39270 Cedar Blvd. Newark CA 94560 510-791-7700	192	Breakfast Buffet, Mgr's Reception, USA Today, Fully Equipped Kitchen, Separate Living Room, Guest Laundry, Iron & Ironing Board, Business Services, Pool, Jacuzzi, Sports Courts	Yes
Howard Johnson Express Inn 43643 Mission Blvd. Fremont, CA 94539 510-656-2366	40	None	Yes
La Quinta Inn & Suites – Fremont 46200 Landing Parkway Fremont, CA 94538 510-445-0808	148	Hot Deluxe Breakfast Buffet, Free DSL, High Speed Internet in all Rooms, Pool, Spa, Fitness Center, Guest Laundry Room, Locking Dog Run	Yes
Residence Inn by Marriott-Fremont 5400 Farwell Place Fremont, CA 94536 510-794-5900	80	Pool, Spa, BBQ, Laundry	Yes
Residence Inn by Marriot-Newark 35466 Dumbarton Court Newark, CA 94560 510-739-6000	160	Complimentary Breakfast, Hospitality Hour, High Speed Internet, Pool, Hot Tub, Sports Court, Gym, Laundry Facility, WebTV, Complimentary Shuttle within a five mile radius.	Yes
TownePlace Suites by Marriott 39802 Cedar Blvd. Newark, CA 94560 510-657-4600	127	Pool, BBQ, Gym, Laundry, Business Center	Yes
W Silicon Valley 8200 Gateway Blvd. Newark, CA 94560 510-794-3033	174	Outdoor Pool, Jacuzzi	No
Woodfin Suites 39150 Cedar Blvd. Newark, CA 94560 510-795-1200	148	Pool, Spa, Laundry, Library, Business Center	Yes

**NCS Order Form
WRESTLING**

(Payment must accompany all orders)

DEADLINE TO ORDER: MARCH 6, 2010

Description	Sizes					Unit Price	Unit Total	Shipping	Shipping Total	TOTAL
	S	M	L	XL	XXL(add \$2.00)					
T-Shirt						\$17.00		\$3.50each		
Sweatshirt (Hooded)						\$33.00		\$4.80 each		
Long Sleeve T-Shirt						\$20.00		\$3.50each		
Patch, Sport (sport/year: _____)						\$17.00		\$1.50each		
Patch, Scholar (sport/year: _____)						\$17.00		\$1.50each		
Patch, Scholastic (sport/year: _____)						\$17.00		\$1.50each		
"NEW" Cinch Sacks						\$10.00		\$1.50 each		
NCS Hat (circle color: Black, Navy, Tan, Grey, Red)						\$17.00		\$1.50each		
NCS Visor (circle color: Black, Navy, Grey, Red)						\$13.00		\$1.50each		
Program (sport: _____) (not available in Tennis, Golf, Badminton)						\$4.00		\$1.50each		
NCS Blanket						\$28.00		\$3.50each		
Polar Tec Vest (circle color: Black, Grey)						\$48.00		\$3.50each		
Polo Shirts (circle color: Tan, Navy, Black, Green)						\$28.00		\$3.50each		
Windshirts (circle color: Tan, Navy, Black, Green)						\$48.00		\$3.50each		
									Tax (INCLUDED)	
									TOTAL	

**Merchandise subject to availability. All prices subject to change without notice.
*Shipping and Handling charges on TEAM orders shall not exceed actual shipping charges plus 1.5%.**

When filling out credit card orders please complete all of the following. Credit Cards will be processed the day the merchandise is shipped.

Method of Payment (circle one)	Name on card	Expiration Date	Card Number	Zip Code
Cash, Check, VISA, MASTERCARD, AMEX, DISCOVER				

Home phone	Date	Authorized Signature if using P.O. or school requisition

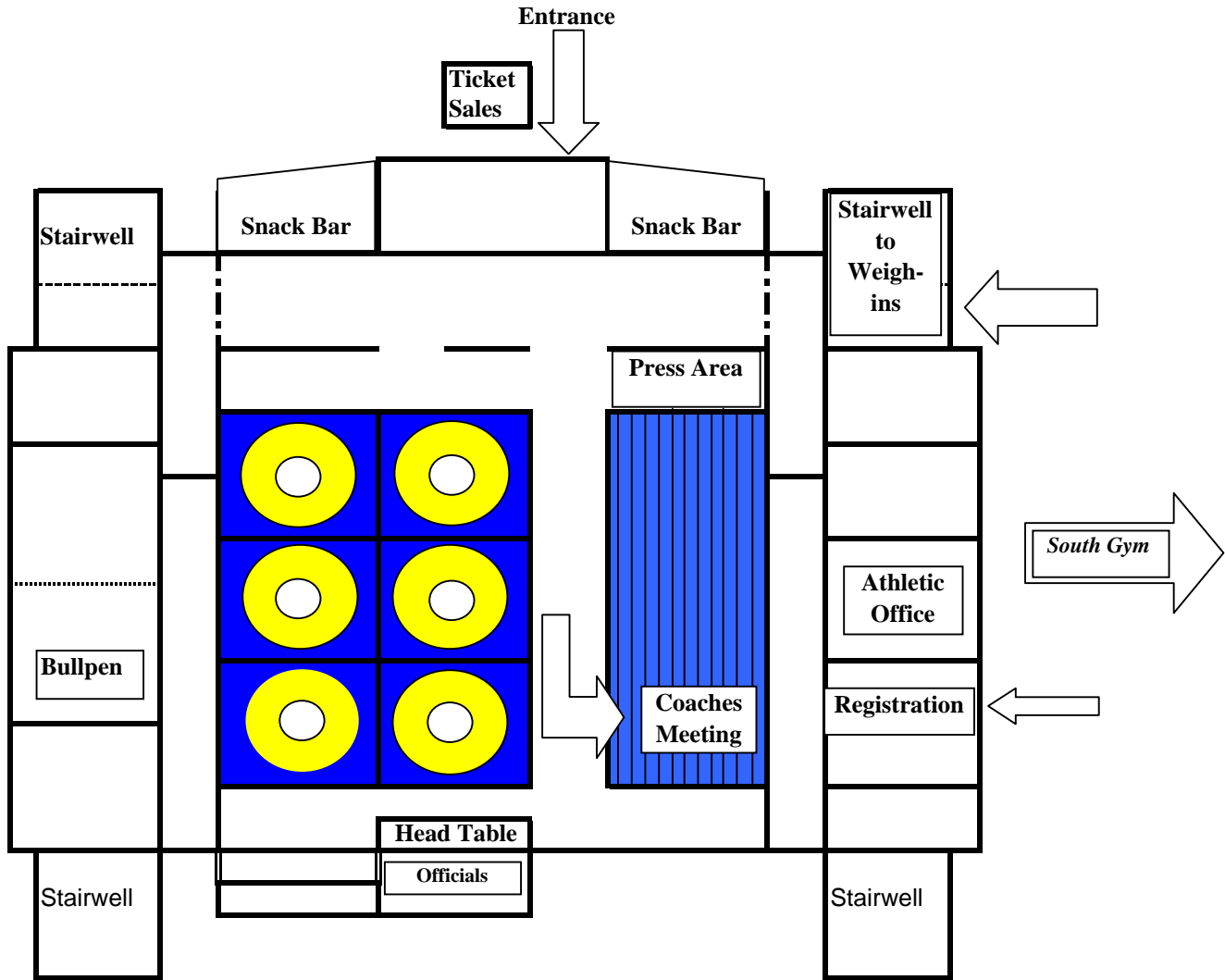
Receipt:
Name:
Payment method:
Sport/location:



Address label (Please Print)
NAME:
ADDRESS:
CITY, ZIP:

Send to: North Coast Section, CIF
12925 Alcosta Blvd. Suite 8
San Ramon, Ca 94583
(925) 866-8400
Fax: (925) 866-7100
www.cifncs.org

Newark Memorial High School
Event Center



Newark Memorial High School
South Gym

