

North Coast Section, CIF
NCS Automatic and Consideration Times
2010

Event		Automatic	Consideration
Event 1	Women 200 Medley Relay	1:53.48	2:03.99
Event 2	Men 200 Medley Relay	1:42.46	1:51.09
Event 3	Women 200 Free	1:56.05	2:02.79
Event 4	Men 200 Free	1:45.77	1:50.99
Event 5	Women 200 IM	2:09.68	2:18.69
Event 6	Men 200 IM	2:00.71	2:08.69
Event 7	Women 50 Free	24.32	25.99
Event 8	Men 50 Free	21.80	22.89
Event 9	Women's 1 mtr. Diving	275	255
Event 10	Men's 1 Mtr. Diving	250	240
Event 11	Women 100 Fly	57.68	1:03.69
Event 12	Men 100 Fly	52.57	57.29
Event 13	Women 100 Free	53.45	57.09
Event 14	Men 100 Free	48.31	50.49
Event 15	Women 500 Free	5:07.87	5:32.09
Event 16	Men 500 Free	4:48.06	5:08.99
Event 17	Women 200 Free Relay	1:42.21	1:51.09
Event 18	Men 200 Free Relay	1:30.03	1:38.09
Event 19	Women 100 Back	59.00	1:04.89
Event 20	Men 100 Back	54.65	59.29
Event 21	Women 100 Breast	1:06.57	1:11.79
Event 22	Men 100 Breast	1:00.06	1:04.49
Event 23	Women 400 Free Relay	3:43.81	4:07.99
Event 24	Men 400 Free Relay	3:22.48	3:42.99

*Times are subject to change